

## Biblical References to Humbleness and Humility

“Before destruction the heart of man is haughty, but humility *goes* before honor”. Prov. 18:12

“Humble yourselves before the Lord, and he will lift you up.” James 4:10

“He has shown you, O man, what *is* good; And what does the LORD require of you  
But to do justly,  
To love mercy,  
And to walk humbly with your God”. Micah 6:8 KJV

“Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves”. Philippians 2:3

“God opposes the proud, but shows favor to the humble.” James 4: 6

“If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land” 2<sup>nd</sup> Chronicles 7:14

“The proud look of man will be abased And the loftiness of man will be humbled,  
And the LORD alone will be exalted in that day.” Isaiah 2:11

“Because your heart was responsive and you humbled yourself before God when you heard what he spoke against this place and its people, and because you humbled yourself before me and tore your robes and wept in my presence, I have heard you, declares the LORD.” 2 Chronicles 34:27

“Likewise you younger people, submit yourselves to *your* elders. Yes, all of *you* be submissive to one another, and be clothed with humility, for “God resists the proud, But gives grace to the humble.” Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time”, 1 Peter 5:6

“The fear of the LORD is the instruction for wisdom, and before honor *comes* humility”. Prov. 15:

“By humility *and* the fear of the LORD are riches and honor and life”. Prov. 22:4

“I tell you that this man, rather than the other, went home justified before God. For all those who exalt themselves will be humbled, and those who humble themselves will be exalted.” Luke 18: 9-14

“But you, Belshazzar, his son, have not humbled yourself, though you knew all this. Instead, you have set yourself up against the Lord of heaven”. Daniel 5: 22, 23

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“For this is what the high and exalted One says—he who lives forever, whose name is holy: “I live in a high and holy place, but also with the one who is contrite and lowly in spirit, to revive the spirit of the lowly and to revive the heart of the contrite.” Isaiah 57: 15

“People shall be brought down, Each man shall be humbled, And the eyes of the lofty shall be humbled. But the LORD of hosts shall be exalted in judgment” Isaiah 5: 15, 16A

“Behold, the Lord, the God of hosts, will lop off the boughs with a terrible crash; Those also who are tall in stature will be cut down And those who are lofty will be abased”. Isa. 10:33

“Then when their uncircumcised hearts are humbled and they pay for their sin,<sup>42</sup> I will remember my covenant with Jacob and my covenant with Isaac and my covenant with Abraham, and I will remember the land . “ Leviticus 26: 41B, 42

“When they cast *you* down, and you say, ‘Exaltation *will come!*’ Then He will save the humble *person.*” Job 22: 29

“So Moses and Aaron went to Pharaoh and said to him, “This is what the Lord, the God of the Hebrews, says: ‘How long will you refuse to humble yourself before me? Let my people go, so that they may worship me.’” Exodus 10: 3

Then I proclaimed a fast there at the river of Ahava, that we might humble ourselves before our God to seek from Him a safe journey for us, our little ones, and all our possessions. Ezra 8:21

“Whoever becomes humble like this child is the greatest in the kingdom of heaven.” Matt. 18: 4

“All who exalt themselves will be humbled, and all who humble themselves will be exalted.” Matt. 23: 12

“He guides the humble in what is right and teaches them his way.” Psalm 25: 9

“For you deliver a humble people, but the haughty eyes you bring down. “ Psalm 18: 27

“LORD, You have heard the desire of the humble; You will prepare their heart; You will cause Your ear to hear,” Psalm 10: 17

“When pride comes, then comes disgrace, but with humility comes wisdom.” Proverbs 11:3

A gentle answer turns away wrath, but a harsh word stirs up anger. The tongue of the wise commends knowledge, but the mouth of the fool gushes folly. (NIV, Proverbs 15:1-2)

## TODAY'S STUDY: ON HUMILITY AND HUMBLENESS

"Oh Lord its' hard to be humble when your perfect in every way"  
Song by Mac Davis

"Those who exalt themselves will be humbled; those who humble themselves will be exalted."  
Spoken by Son of God

**Jesus' life exemplified Bobby's definition of greatness: sacrifice, service and self-denial. How can we follow His example to be of "humble of heart" as he commanded us to be?**

### A. Jesus Teaching: Luke 14: 7-11

"When he noticed how the guests picked the places of honor at the table, he told them this parable: "When someone invites you to a wedding feast, do not take the place of honor, for a person more distinguished than you may have been invited. <sup>9</sup> If so, the host who invited both of you will come and say to you 'Give this person your seat.' Then, humiliated, you will have to take the least important place. <sup>10</sup> But when you are invited, take the lowest place, so that when your host comes, he will say to you, 'Friend, move up to a better place.' Then you will be honored in the presence of all the other guests. <sup>11</sup> For all those who exalt themselves will be humbled, and those who humble themselves will be exalted."

1. Why do you think it was important for Jesus to teach on the subject of humility?

### B. Jesus Example: Philippians 2: 3-11

<sup>3</sup> Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, <sup>4</sup> not looking to your own interests but each of you to the interests of the others. <sup>5</sup> In your relationships with one another, have the same mindset as Christ Jesus:

<sup>6</sup> Who, being in very nature<sup>[a]</sup> God, did not consider equality with God something to be used to his own advantage;

<sup>7</sup> rather, he made himself nothing by taking the very nature<sup>[b]</sup> of a servant, being made in human likeness.

<sup>8</sup> And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross!

<sup>9</sup> Therefore God exalted him to the highest place and gave him the name that is above every name,

<sup>10</sup> that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,

<sup>11</sup> and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father"

"The incarnation of Christ Jesus represents the antithesis of the human drive to dominate. Although he had access to all the privilege and power to which his identity with God entitled him, Jesus considered his deity an opportunity for service and obedience. His deity became a matter of not getting but giving, not of being served, but of serving, not of dominance but of obedience". Frank Thielman, NIV Com.

1. Through his example, what was he trying to teach his followers?
2. What does Jesus mean when he says the "humble will be exalted"?

"Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time", 1 Peter 5:6

### C. Our Application

<sup>1</sup>“Do not fret because of those who are evil  
or be envious of those who do wrong;  
<sup>2</sup>for like the grass they will soon wither,  
like green plants they will soon die away.

<sup>3</sup>Trust in the LORD and do good;  
dwell in the land and enjoy safe pasture.

<sup>4</sup>Take delight in the LORD,  
and he will give you the desires of your heart.

<sup>5</sup>Commit your way to the LORD;  
trust in him and he will do this:

<sup>6</sup>He will make your righteous reward shine like the dawn,  
your vindication like the noonday sun.

<sup>7</sup>Be still before the LORD  
and wait patiently for him;  
do not fret when people succeed in their ways,  
when they carry out their wicked schemes.

<sup>8</sup>Refrain from anger and turn from wrath;  
do not fret—it leads only to evil.

<sup>9</sup>For those who are evil will be destroyed,  
but those who hope in the LORD will inherit the land.

<sup>10</sup>A little while, and the wicked will be no more;  
though you look for them, they will not be found.

<sup>11</sup>But the meek will inherit the land  
and enjoy peace and prosperity.

1. What is the main theme the psalmist is trying to teach us in this passage?
2. What does he mean when he says the meek will inherit the land? What is the definition of “meek” to you. (Blessed are the meek, for they shall inherit the earth) Matt: 5:5

#### Summary:

1. What can we do specifically to become more humble, gentle and meek?
2. What specific things can we do to follow Jesus’ example?